



Food Services

2990 80th Street East
Inver Grove Heights, MN 55076
Phone: (651) 306-7800
Fax: (651) 306-7295

Dear Parent/Guardian,

Our school health records indicate that your student has a milk intolerance. In the past we have required an MD order for dietary accommodations. Inver Grove Heights Schools will now be requiring a "one-time only" parental request. Please complete this form and return it to the health office of the school your student attends. This form will be placed in your student's health record and this information will be shared with the Food Services staff. If you have questions, please call the Food Services Office at 651-306-7822.

STUDENTS WITH MILK (LACTOSE) INTOLERANCE

The responsibility of Inver Grove Heights Schools is to provide substitutions for an student with lactose intolerance as specified in State Law 124D.144. Under this law, a school district that participates in the National School Lunch Program and receives a written request from a parent shall make available lactose-free milk. The school district is **not** required to make available any other substitutions, such as juice, based on lactose intolerance.

Please complete the following and mark one of the two choices below:

STUDENTS NAME: _____

NAME OF SCHOOL: _____

GRADE: _____

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Lactose-free milk

I want my child to have lactose-free milk provided to them for the entire school year.

Please ensure your student will consume this product before requesting this option.

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No dietary substitution needed

PARENT/GUARDIAN SIGNATURE: _____

DATE: _____ DAYTIME PHONE NUMBER: _____

ADDRESS: _____